

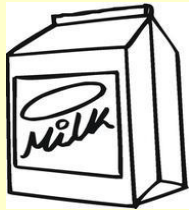
DAILY BREAKFAST MENU THOMASTON PUBLIC SCHOOLS



CHOOSE ONE 8 OZ. MILK
COUNTS AS ONE ITEM

1% WHITE

NONFAT CHOCOLATE
NONFAT STRAWBERRY
NONFAT WHITE



Breakfast Meal \$1.50
Reduced Breakfast Meal .30
Free Breakfast for
eligible children

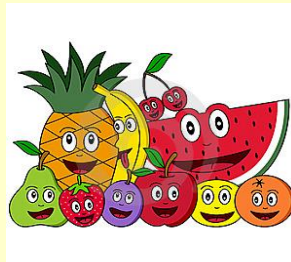
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CHOOSE ONE OR TWO
DIFFERENT ITEMS

FRESH FRUIT

CANNED OR DRIED FRUIT

JUICE 4 OZ.



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CHOOSE ONE ITEM

WHOLE GRAIN MUFFIN
WHOLE GRAIN CEREAL

**AND CHOOSE ONE
ADDITIONAL ITEM**

LOW FAT YOGURT
STRING CHEESE
CRACKERS



muffins

OR

CHOOSE ONE ONLY !
COUNTS AS 2 ITEMS

SELECTION VARIES DAILY

MINI PANCAKES
CINNI MINI BUN
BREAKFAST BUN
CINNAMON ROLL
WHOLE GRAIN BAGEL
BREAKFAST BREADS

BANANA
BLUEBERRY
FRENCH TOAST
OR
SPECIAL



STUDENTS MUST TAKE A MINIMUM OF 3 ITEMS ONE BEING A FRUIT OR JUICE

menu subject to change

This institution is an equal
opportunity provider